

# Mishawaka Parks Department

## Free Children's Activities

Programs for children and their families are offered at the Battell Community Center and various park facilities. Pre-registration may be required. Class size may be limited!

### Let's Get Creative and Active

Session Dates	Time	Location
Thursday Jan. 16-April 24	5:30-6:30 pm	Community Room

Join Lisa in an hour of fun and imagination! This class is a mix of both healthy exercise and a craft project. Class has limited availability. Please pre-register prior to start of class. No class March 27th.

### Ballet and Tap Class

Session Dates	Time	Location
Wednesday Jan. 15-April 23	5:00-5:45 pm (Ages 4-6) 5:45-6:30 pm (7 & Up)	Centennial Room

This class is a ballet and tap class (30 minutes each) where children will learn basics of each style of dance. Limited space available, you must pre-register prior to class.

### Zumba

Session Dates	Time	Location
Tuesday Jan. 14-April 22	6:00-6:30 pm	Gym

Do you like dance? Do you like to workout and have fun at the same time? Zumba is the class for you! Bring your friends and family for 30 minutes of dancing fun! This is a family style Zumba! No pre-registration needed.

### Healthy Living

Session Dates	Time	Location
Tuesday Jan. 14-April 22	6:30-7:00 pm	Contractor's Room

This class immediately follows the Zumba class in the gym at 6:00 pm. Each class will teach children a lesson on how to make healthy choices every day! All families are welcome to come to any and all of these fun classes! A healthy snack will be provided.

### Show and Parade Poms

Session Dates	Time	Location
Tuesday January 14-April 22	4:30-5:30 pm	Dance Room I

Students will learn routines for dance and parades, ages 6 & up are welcome to join this ongoing class. Bring a friend and your own poms or poms can be borrowed or purchased from the instructor.

### Self-Defense for Beginners

Session Dates	Time	Location
Monday Jan. 13-April 21	3:30-4:15 pm (Ages 4-7) 4:30-5:15 pm (8 & up)	Dance Room I

A fun, dynamic approach to learn basic martial arts & self defense! Please have children wear flat bottomed shoes or children can go barefoot, and loose fitting athletic pants.

# Get Active!

**A Participant Waiver form must be filled out and signed by a parent/guardian before taking part in any of these activities.**

**For more information call 574.258.1664.**

**See reverse side for more classes!**

# Mishawaka Parks Department

## Free Children's Activities

Programs for children and their families are offered at the Battell Community Center and various park facilities. Pre-registration may be required, Class size may be limited!

### Preschool Hour

Session Dates	Time	Location
Friday Jan. 10 - Feb. 28 March 7 - April 25	10:30-11:15 am	Battell Center Dance Room II
Friday Jan. 10 - Feb. 28 March 7 - April 25	1:00-1:45 pm	Battell Center Dance Room II

Children 3-4 years old are welcome to join in on the fun! Limited availability, MUST pre-register for each session in the Battell Center Office at 574.258.1664. This class will include stories, songs, finger plays, and activities.

**A Participant Waiver form must be filled out and signed by a parent/guardian before taking part in any of these activities.**

**For more information call 574.258.1664.**

### Tai Chi for Kidz

Session Dates	Time	Location
Monday Jan. 13-April 21	6:30-7:15 pm	Centennial Room

As well as learning a short form combined of Sun and Yang styles, kids will also be getting some introduction to the 32 Sword Form using safe practice swords for their age group. AGES 8-11 ONLY. Class size is limited. Please PRE-REGISTER in the Battell Center Office.

### Baton Twirling I & II

Session Dates	Time	Location
Thursday Jan. 16-April 24	5:00-6:00 pm (Ages 5-8) 6:00-7:30 pm (8 & up)	Gym

Baton twirling fundamentals basic twirls, marching, and preparation for performing will be taught in this beginner session. Ongoing classes will provide the opportunities to perform in parades and events. Children in Baton Twirling II will learn routines and prepare for performances with a parade corps. Batons can be purchased from the instructor.



**Enjoy a tasty snack at Healthy Living!**

**Dance it up in Zumba!**



**See reverse side for more classes!**